BREAKFAST

7.30am – 10.30am

Fresh juices

Wasted apple
orange
grapefruit
cranberry

Tea or coffee

speciality coffees available on request

Why not start your day with a glass of champagne at breakfast
Taittinger champagne £18

From the buffet

Seasonal fruits salad (vg/gf)

Headland bircher muesli or granola (v)

Breakfast cereals (vg/gf)

Greek yoghurt with berry compote (v/gf)

Toast with a selection of jams and Rescue Bee Honey (gf on req)

Selection of pastries

Cornish charcuterie, smoked fish and cheeses

£30 per adult
£15 per under 12

Breakfast prices for non-residents and cottage guests not on breakfast inclusive stays

Please be aware that at busy times, there may be a wait on hot breakfast items and speciality coffees.

Our chefs are always happy to cater for special requests. Please be aware that these take time to prepare.

Please inform us if you have an allergy. Whilst we make every effort to ensure that your meals are free from allergens, we cannot guarantee that all traces are eliminated. If you require allergen information, please ask a member of our team.

The Main Event

Smoked salmon and scrambled eggs on toast (gf on req)

A selection of classic Benedicts (gf on req)
Eggs Benedict *ham*
Eggs Florentine *spinach* (v)
Eggs Royale *smoked salmon*

Avocado on toast (vg/gf on req)
add poached eggs, crispy bacon and/or chimichurri

Smashed garden peas on sourdough toast (v/gf on req)
poached Rosedown hens eggs, crushed green herbs, lemon
Try smashed garden peas instead of avocado — light, fresh, and bursting with flavour. It's a delicious choice with a much lower carbon footprint — good for you and great for the planet

The full Cornish breakfast (gf on req)
eggs as you like them, streaky bacon, Phillip Warren's sausage, slow roasted tomato, field mushroom, beans, hash browns
add Cornish hog's pudding
add black pudding

Vegetarian Cornish breakfast (vg/gf on req)
eggs as you like them, vegetarian sausage, spinach, slow roasted tomato, beans, field mushroom, hash browns

Pancakes
streaky bacon and maple syrup
summer berry compote and mascarpone

Additional 'Main Event' dishes may be ordered for a £10 supplement. This is to help with our ongoing commitment to reducing food waste.

The Main Event *for those under 12*

Dippy egg and soldiers (v)

Beans on toast (v) (vg on req)

Scrambled eggs on toast (v)

Mini pancake with berries (v)

Mini Cornish breakfast (vg on req/gf on req)
egg as you like it, streaky bacon, sausage, hash brown, beans