

S P A

Set Lunch Menu 2 course Lunch (+£8 for 3 courses)

Starters

Roasted tomato soup
warm baguette, salted butter

  ( on request)

Potted shrimp, mace butter,
seeded lavosh

Short rib croquettes, Oxford sauce

Cured chalk stream trout
rhubarb, fennel, citrus mayo 

Crispy calamari, Vietnamese
dipping sauce

Main courses

Classic Caesar salad
add chicken breast

Isle of Wight tomato salad, wasabi
mascarpone, pickled shallot, basil  

Smashed beetroot salad, hazelnut,
zaatar, goats curd  

Vegan mushroom and cashew
linguine 

Crab linguine, preserved lemon,
parsley, chilli

Headland beef burger
melted cheese, dill pickles, our relish,
fries ( on request)

Moving mountains vegan burger
vegan cheese, tomato relish,
French fries 

Desserts

Selection of ice creams and
sorbets from Callestick farm

Strawberry Eton mess  

Orange marmalade parfait,
baked brioche

Chocolate brownie, vanilla ice cream
 ( on request)

 **Vegetarian**  **Vegan**  **Gluten free**  **Dairy free**

If you have any allergies please inform your server so that we may take good care of your requirements.

The Headland
Fistral Beach, Newquay, Cornwall, TR7 1EW, England
+44 (0)1637 872 211 | reception@headlandhotel.co.uk

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please view the website
www.headlandhotel.co.uk

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a la carte

Soft drinks	<p>Juice</p> <p>Apple, orange, cranberry, pineapple</p>	3.35
	<p>Frobishers Fruit Fusion</p> <p>Apple & Raspberry</p> <p>Apple & Mango</p> <p>Orange & Passion Fruit</p>	3.35 3.35 3.35
	<p>Healeys Farm Cornish Soft Drinks</p> <p>Avalade Traditional Lemonade</p> <p>Avalade Sparkling Apple</p>	3.35 3.35
	<p>Softs</p> <p>Coca-Cola, Diet Coke, Lemonade</p> <p>Bottled Still or Sparkling Water</p>	3.35 Small 3.35 Large 4.50

Smoothies	<p>Berry Burst</p> <p><i>blackberries, blackcurrants, blueberries, banana</i></p>	7	Coffees and teas	<p>Americano</p>	3.35
	<p>Organic Sunshine</p> <p><i>passion fruit, pineapple, banana, mango</i></p>	7		<p>Cappuccino Latte</p> <p>Espresso Macchiato</p>	3.95 2.95
	<p>Super Green</p> <p><i>spinach, avocado, apple, spirulina, basil, lime</i></p>	7		<p>Double espresso</p> <p>Flat white</p> <p>Mocha</p> <p>Babyccino</p> <p>Hot chocolate</p> <p>The Works hot chocolate, cream and marshmallows</p> <p>Loose leaf tea</p>	3.8 3.85 3.95 0.6 3.95 4.2 3.2

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